



This meet features a free facilitated-led clinic with hurdle skills and drills for registered athletes and coaches, as part of the hurdle grind.

Meet Date: Saturday, March 29

Stadium: Berkmar HS, 405 Pleasant Hill Rd, Lilburn, GA 30047

Registration Ends: Wednesday, March 26; late registration depends on size of meet, may be limited to distance and field events, and is subject to a \$5.00 late fee. **No same-day registration.**

Entry Fee: \$22.00 per athlete for unlimited entries. Masters athletes (ages 30+) compete free

Spectator Fee: General admission is \$6.00 per person for ages 6 to 64, and payable at the gate/ticket booth using cash, card or Cash App \$tracklab. No fee for registered athletes, volunteers, and eligible coaches (see below).

Coaches' Entry: Coaches wearing **VIP** wristbands may enter the meet without charge and are permitted infield and around the competition venues. VIP bands are distributed based on the number of team entries: 0-2 entries, 0 VIP bands; 3-9 entries, 1 VIP band; 10-19 entries, 2 VIP bands; 20-29, 3 VIP bands; 30-39 entries, 4 VIP bands; 40+ entries, 5 VIP bands.

Parking: parking in front of stadium and around school.

Gates: Gates open and bib packet pick up begins at 7:30 AM.

Competition Bibs: Every athlete must wear a bib to compete. Bib packets must be picked up at the ticket booth once. Team packets must be picked up by a coach or team administrator. Unattached athletes may pick up their own bib at the ticket booth.

Tents: Tents may be set up along the top tier of the home side of the stadium, and anywhere on the visitors side of the stadium.

Uniforms: Uniforms are not required. Athletes may wear whatever will keep them dry, warm or cool during competition. Headphones and airpods are not permitted during clerking or competition.

Startlists: Digital startlists and schedule can be found on the Roster Athletics competition app ([iPhone](#) or [Android](#)) or on the Roster [meet page](#).

Results: Live results can be found on the Roster Athletics competition app ([iPhone](#) or [Android](#)). Final results will be submitted to [athletic.net](#) within 2-3 business days of the meet.

Age Groups: Athletes compete by their competition age. **Competition age** is determined by age as of 12/31 of the year. So, if your 10-year-old will be 11 by 12/31, they will compete in the 11-12 age group. **Age groups** are 6U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18, Open (19-29) and Masters (30-99).

Implements: Tracklab provides starting blocks, batons and 18U shot puts, 18U discuses and 18U javelins. Athletes ages 19+ must bring own implements.

REGISTER NOW



Rules of Play:

Track:

- For each track event, athletes check-in by reporting to Clerking on the first call for their age group. There will be a first call and a final call only. Reporting to Clerking outside of age group creates congestion in the area.
- Only athletes are permitted in Clerking. 10U athletes may be escorted to Clerking but once hipped, the escort must leave Clerking. 11+ athletes must report to Clerking **without** an escort.
- Athletes may not bring electronic devices to Clerking and must remain in Clerking until escorted to the start line by Tracklab.
- Do not remove hipped athletes from Clerking, not even for warm up. Athletes who leave Clerking before the Tracklab escort risk DNS.
- Athletes ages 15+ must use starting blocks and are subject to the USATF start rules.

Field:

- For each field event, athletes check-in by reporting to the venue for **that** field event (and not to Clerking) on the first call for the event. There will be a first call and a final call, only.
- **Coaches** must manage athletes entered in overlapping events. An athlete must first notify the field official before leaving for an overlapping event, and must return promptly after the overlapping event, or risk forfeiture.
- Tracklab does not pause field events for running events, and there no guarantee an age group or event will not conclude while the athlete is away.
- High jump bar will not be lowered for returning athletes.
- Athletes are permitted 3 jumps and 3 throws.

Medals: Medals are awarded to first, second and third place finishers by age group. NOTE: Age groups may be combined during competition for efficiency but medals will still be awarded by age group.

Medal Distribution: 14U medals must be picked up by coaches, club administrators or parents. Medals earned but not picked can be mailed upon request or picked up at the next meet.

Personal Record (PR) Buttons: PR Buttons are intended to celebrate micro wins. They are earned by athletes who set a personal best and are not based on place of finish. As a way to verify PRs, only coaches or parents can pick up 14U PR buttons. For older athletes, the honor system applies. PR buttons are kept at the awards desk and are limited to 2 per athlete per meet.

Spring Awards: We see you. At the end of the series, at the championship meet, Tracklab celebrates athletes who have earned Most Improved accolades and age-group Spring Excellence recognition. We also recognize age-group club champions.

[Contact us](#) with any questions.